



# **Big Changes Are Coming to Benefits**

**Between 2026 and 2030, the UK government is planning major changes to benefits.**

**We've made this Easy Read guide so everyone can understand what's happening.**



## ? What is happening to benefits?

- ◆ The government wants to change how benefits work.
- ◆ They say this will help more people get jobs and save money.
- ◆ The changes will happen slowly between 2026 and 2030.

## 💰 Will Universal Credit go up?

👍 Yes.

- ◆ By 2029 or 2030, the basic Universal Credit will go up by about £775 a year (£14.90 per week).
- ◆ This is more than normal price increases (called "inflation").



## **What is changing with PIP (Personal Independence Payment)?**

 From November 2026, it may be harder to get PIP.

- ◆ Only people with more serious disabilities or health conditions may get it.
- ◆ The government hasn't told us all the new rules yet.

## **What about health assessments?**

These are called Work Capability Assessments.

 These tests will stop by 2028.

- ◆ Only the PIP test will be used to see if you need extra money to help you.
- ◆ The Universal Credit health top-up will:
  - Stay at £97 per week for people who already get it.
  - Be cut to £50 per week for new people applying.



## **Can I try working without losing my benefits?**

 Yes.

- ◆ A new rule called Right to Try will let disabled people try working.
- ◆ You can test out a job without losing all your benefits straight away.

## **What is Unemployment Insurance?**

- ☀ This is a new type of benefit for people who lose their jobs.
- ◆ It may only be for people who worked recently.
- ◆ The government will tell us more details later.



## ? **How will this affect me?**

- ◆ If you already get benefits:
  - Your money may go down.
  - Especially if you don't get PIP under the new rules.
- ◆ If you are new to benefits:
  - The money might be lower.
  - Especially if you are under 22 years old.
- ◆ You will be allowed to try working without losing your benefits right away.



## **Need help or have questions?**

You are not alone. We are here to help you.

 Email us at: [enquiries@staysafe-east.org.uk](mailto:enquiries@staysafe-east.org.uk)

We can explain what these changes mean for you.

This Easy Read was made by Stay Safe East.

**We support disabled survivors of domestic abuse, sexual violence, hate crime, harassment and other forms of abuse. We help people in London.**

